



Unique Rehab & Health Center - Activity Calendar



July 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:30 Coffee Social- Man Cave 1 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 10:30 Foot Paper Race- 3S 11:00 Music Movement- 4S 2:30 Glamour Group/Nails- DR 2:30 Jeopardy- 2S 2:30 Dominoes- 2S 3:30 Pool/Billard -4N	10:00 Coffee Social- DR 2 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Adult Art- 3S 11:00 Senior Fitness/Current Events- 1S/Courtyard 11:00 Word Games- 2S 2:30 Dominoes- 2S 2:45 Bingo- DR	10:00 Coffee Social- DR 3 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 12:00 Pre 4th of July Cookout- Courtyard 2:30 Dominoes- 2S 3:30 Pool/Billard -4N	9:30 Coffee Social- Man Cave 4 10:00 Movie Matinee -2S 10:45 Fitness/Music Appreciation- 3S 11:30 Basketball Shot/Games- Courtyard 2:30 Cookie Social- DR 2:30 Dominoes- 2S 3:30 Pool/Billard -4N	10:00 Coffee Social- DR 5 10:00 Movie Matinee -2S 11:00 Table Games/Ring Toss- DR 2:30 Dominoes- 2S 2:30 Bingo- DR 3:30 Pool/Billard -4N
	10:00 Coffee Social- DR 6 10:00 Movie Matinee -2S 11:00 Spiritual Fellowship- DR 2:30 Dominoes- 2S 2:30 Pokeno- DR 3:30 Pool/Billard -4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	10:00 Coffee Social- DR 7 10:00 Movie Matinee -2S 11:00 Range of Motion- 3S 11:30 Big Ball Toss- 4S 2:30 Name that Tune- 2S 2:30 Ring Toss- Courtyard 2:30 Dominoes- 2S 5:00 Blues Concert Outing featuring Mama Moon & Rump shakers- CI	9:30 Coffee Social- Man Cave 8 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Music & Fitness- 3S 11:30 Resident Council Meeting/ Food Committe -DR 2:30 Jeopardy- 2S 2:30 Dominoes- 2S 3:30 Pool/Billard -4N	10:00 Coffee Social- DR 9 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 10:45 Sensory Stimulation- 3S 11:30 Current Events/Games- 2S 2:30 Dominoes- 2S 2:45 Bingo- DR	10:00 Coffee Social- DR 10 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Name that Motown Song- 3S 11:15 Musical Movement- 4S 2:30 Birthday Celebration &Entertainment w/ singer Bill Crews- DR 3:30 Pool/Billard -4N	9:30 Coffee Social- Man Cave 11 10:00 Movie Matinee -2S 10:45 Golden Memories- 3S 11:15 Target Ball Toss- 2S 2:30 Build your own Sundae- DR/Units 2:30 Dominoes- 2S 3:30 Pool/Billard -4N
	10:00 Coffee Social- DR 13 10:00 Movie Matinee -2S 11:00 Spiritual Fellowship- DR 2:30 Dominoes- 2S 2:30 Pokeno- DR 3:30 Pool/Billard -4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	10:00 Coffee Social- DR 14 10:00 Movie Matinee -2S 10:45 Music Movement- 4S 10:45 Foot Bean Bag Toss- 3S 2:30 Name that Tune- 2S 2:30 Name that Landmark? -Courtyard 2:30 Dominoes- 2S	9:30 Coffee Social- Man Cave 15 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 10:30 Outing to Red Lobster- CI 10:45 Remember Motown Hits -3S 2:30 Jeopardy- 2S 2:30 Dominoes- 2S 2:30 Arts& Crafts- DR 3:30 Pool/Billard -4N	10:00 Coffee Social- DR 16 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Balloon Chair Toss- 3S 11:30 Senior Fitness- 2S 2:30 Dominoes- 2S 2:45 Bingo- DR	10:00 Coffee Social- DR 17 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 3S Sensory Stimulation group 2:30 Dominoes- 2S 2:30 Root beer Float Social- DR 3:30 Pool/Billard -4N	9:30 Coffee Social- Man Cave 18 10:00 Movie Matinee -2S 10:45 Golden Memories- 3S 11:00 Sing- Along Classics- 4S 2:30 Dominoes- 2S 2:30 Beer & Pretzel Social- DR 3:30 Pool/Billard -4N
	10:00 Coffee Social- DR 20 10:00 Movie Matinee -2S 11:00 Spiritual Fellowship- DR 2:30 Dominoes- 2S 2:30 Pokeno- DR 3:30 Pool/Billard -4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	10:00 Coffee Social- DR 21 10:00 Movie Matinee -2S 11:00 Games & Music Appreciation- Courtyard 11:00 Balloon Noodle- 3S 2:30 Name that Tune- 2S 2:30 Dominoes- 2S 2:30 Finish the Lyric- DR	9:30 Coffee Social- Man Cave 22 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 10:30 Outing to Foreman Mills- CI 10:45 Reminiscing Pictures- 3S 2:30 Jeopardy- 2S 2:30 Dominoes- 2S 2:30 Fitness & oldies/goodies- 4S 3:30 Pool/Billard -4N	10:00 Coffee Social- DR 23 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Did you know/Horse Shoes- (3S) 11:00 Bowling- DR 2:30 Dominoes- 2S 2:45 Bingo- DR 4:00 Children of the Light Dancers- DR	10:00 Coffee Social- DR 24 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Deal or No Deal- DR 11:00 Name that Motown Song- 3S 2:30 Dominoes- 2S 2:30 Casino Party- DR 3:30 Pool/Billard -4N	9:30 Coffee Social- Man Cave 25 10:00 Movie Matinee -2S 11:00 Sittercise- Games- 3S 11:00 Games & Music Appreciation- DR 11:30 Hot Topics/Games- Courtyard 2:30 Dominoes- 2S 2:30 Happy Hour- DR 3:30 Pool/Billard -4N
	9:45 Church Outing to House of Prayer- CI 27 10:00 Coffee Social- DR 10:00 Movie Matinee -2S 2:30 Ebenezer Church of God- DR 2:30 Dominoes- 2S 3:30 Pool/Billard -4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	10:00 Coffee Social- DR 28 10:00 Movie Matinee -2S 11:00 Trivia Challenge/Horseshoes- Courtyard 11:00 Range of Motion/Music- 3S 2:30 Name that Tune- 2S 2:30 Dominoes- 2S 2:30 Pokeno- DR	9:30 Coffee Social- Man Cave 29 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Remember When? -3S 11:00 Exercise & Music Trivia- 4S 2:30 Dominoes- 2S 2:30 Centennial 103rd Birthday Celebration w/Special guest- DR 3:30 Pool/Billard -4N	10:00 Coffee Social- DR 30 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Basketball Games- Courtyard 11:00 Sensory Stimulation Group- 3S 2:30 3S Birthday Celebration- 3S 2:30 Dominoes- 2S 2:45 Bingo- DR	10:00 Coffee Social- DR 31 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Range of Motion/games- 3S 11:00 Basketball Shots- Courtyard 2:30 Dominoes- 2S 2:30 Hot Popcorn- DR/Units 2:30 Ring Toss- 2S 3:30 Pool/Billard -4N	 Beautician/Barber Visits: Bi- weekly Ombudsman: Albert Reed (202)434- 2190 Banking Hrs: 10a- 12p Tues & Fri: Dining Rm First FL Non- Banking hrs Funds in Nurse Office Laundromat hrs 7a-8p