



Unique Rehab & Health Center - Activity Calendar



SEPTEMBER 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Beautician/Barber Visits:
Every other Friday of the
Month
Sunday 6pm; Dial
319-5272802; #519595
Ombudsman: Albert Reed
(202)-434-2190
Activities are subject to
change.

Autumn Begins

SEPTEMBER 23

9:30 Coffee Social-DR 11:00 Spiritual Fellowship-DR 2:30 Dominoes-2S 2:30 Ring Toss-Courtyard 3:00 Spades/Games-Courtyard 3:30 Pool/Billard-4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 10:45 Range of Motion-3S 11:30 Big Ball Shot-4S 2:30 Ring Toss-1N/1S 2:30 Name that Tune-2S 3:30 Pool/Billard-4N	9:30 Coffee Social-Man Cave 10:00 Daily Courier -1:1 visits 10:00 Movie Matinee-2S 2:30 Current Events-1S 2:30 Jeopardy-2S 2:30 Dominoes-2S 2:30 Music Trivia & Games-4S 3:30 Popsicle Treats-Courtyard 3:30 Pool/Billard-4N	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 10:45 Sensory Stimulation-3S 11:00 Senior Fitness-1S 2:30 Dominoes-2S 2:30 Bingo w/Gonzaga-DR 2:30 Bean Bag Toss-4S 3:30 Pool/Billard-4N	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 10:45 Ring Toss/games-3S 11:00 60's,70's,80's Trivia-1S/1N 2:30 Dominoes-2S 2:30 Memories for Today-4S 3:30 Popsicle Treats-Courtyard 6:00 Baby Boomer's Club-DR	9:30 Coffee Social-Man Cave 10:00 Beautician/Barber Services in house-1S 10:00 Daily Courier -1:1 visits 10:45 Word Games-4S/4N 10:45 Golden Memories-3S 2:30 Happy Hour-DR 3:30 Pool/Billard-4N	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 11:00 Bean Bag Toss-DR 2:30 Cookies & Juice Social-Courtyard 2:30 Dominoes-2S 3:00 Spades/Games-Courtyard 3:30 Popsicle Treats-Courtyard 3:30 Pool/Billard-4N
9:30 Coffee Social-DR 10:00 Movie Matinee-2S 11:00 Spiritual Fellowship-DR 2:30 Ice-Cream Social-Courtyard 3:00 Spades/Games-Courtyard 6:00 Spiritual Line- Dial 3195272802;Access # 519595	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 10:45 Range of Motion-3S 11:30 Big Ball Shot-4S 2:30 Ring Toss-1N/1S 2:30 Name that Tune-2S 2:30 Dominoes-2S	9:30 Coffee Social-Man Cave 10:30 Outing to I HOP-CI 10:45 Adult Art-3S 2:30 Current Events-1S 2:30 Bean Bag Challenge-2S 2:30 Dominoes-2S 2:30 Music Trivia & Games-4S 3:30 Popsicle Treats-Courtyard 6:00 Musical Encounters-Units	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:45 Balloon Volleyball-3S 11:00 Food Committee Mtg-DR 11:00 Reminiscent Group-1N/1S 2:30 Dominoes-2S 2:30 Bingo w/Gonzaga-DR 2:30 Bean Bag Toss-4S 3:30 Pool/Billard-4N	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 10:45 Ring Toss/games-3S 11:00 60's,70's,80's Trivia-1S/1N 11:30 Women's Club-DR 2:30 Entertainment w/ singer Bill Crews-DR 3:30 Popsicle Treats-Courtyard	9:30 Coffee Social-Man Cave 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 10:45 Golden Memories-3S 11:00 History/Pictures-4S 2:30 Dominoes-2S 2:30 Funnel Cake Social-2S 3:30 Pool/Billard-4N	9:30 Coffee Social-DR 11:00 Jeopardy/Trivia-DR 2:30 Dominoes-2S 2:30 Bingo-DR 3:00 Spades/Games-Courtyard 3:30 Popsicle Treats-Courtyard 3:30 Pool/Billard-4N
9:30 Coffee Social-DR 11:00 Spiritual Fellowship-DR 2:30 Dominoes-2S 2:30 Bowling-DR 3:00 Spades/Games-Courtyard 3:30 Pool/Billard-4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 10:45 Range of Motion-3S 11:30 Big Ball Shot-4S 2:30 Ring Toss-1N/1S 2:30 Name that Tune-2S 3:30 Pool/Billard-4N	9:30 Coffee Social-Man Cave 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 10:45 Remember when Trivia-3S 11:30 Music Trivia & Games-4S 2:30 Cooking Club-DR 2:30 Current Events-1S 2:30 Dominoes-2S 3:30 Popsicle Treats-Courtyard	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 10:45 Resident Council Meeting-DR 10:45 Sensory Stimulation-3S 11:00 Reminiscent Group-4S 2:30 Birthday Celebration w/D. J Smooth-DR	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 10:30 3S Stimulation Outing-CI 11:00 60's,70's,80's Trivia-1S/1N 11:00 Horse Shoes-4S 2:30 Cooking Demo w/YAYA-DR 6:30 Baby Boomers Club-DR	9:30 Coffee Social-Man Cave 10:00 Beautician Barber Services in house-1S 11:00 Ring Toss-Courtyard 2:30 Build your own Sundae -Courtyard 3:30 Pool/Billard-4N	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:30 New Home Baptist Church-DR 2:30 Dominoes-2S 2:30 Motown Review-DR 3:00 Spades/Games-Courtyard 3:30 Popsicle Treats-Courtyard 3:30 Pool/Billard-4N
9:30 Coffee Social-DR 10:00 Movie Matinee-2S 11:00 Spiritual Fellowship-DR 2:30 Ebenezer Church of God-DR 2:30 Dominoes-2S 6:00 Spiritual Line- Dial 3195272802;Access # 519595	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 10:45 Range of Motion-3S 11:30 Big Ball Shot-4S 2:30 Ring Toss-1N/1S 2:30 Name that Tune-2S 2:30 Dominoes-2S	9:30 Coffee Social-Man Cave 10:00 Movie Matinee-2S 10:30 Outing to Dollar Store-CI 10:45 Reminiscing Pictures-3S 2:30 Current Events-1S 2:30 Hangman/Jeopardy-2S 2:30 Music Trivia & Games-4S 3:30 Popsicle Treats-Courtyard 6:00 Musical Encounters-Units	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:45 Sensory Stimulation-3S 11:00 Bean Bag Toss-1S 11:30 Senior Fitness-4S 2:30 3South Birthday Party 2:30 Ring Toss--2S 2:30 Bingo w/Gonzaga-DR 3:30 Pool/Billard-4N	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 10:45 Ring Toss/games-3S 11:00 60's,70's,80's Trivia-1S/1N 2:30 Adult Art-DR 2:30 Men's Club-Courtyard 2:30 Dominoes-2S 3:30 Popsicle Treats-Courtyard	9:30 Coffee Social-Man Cave 10:00 Movie Matinee-2S 10:00 Daily Courier -1:1 visits 11:00 Horse Shoes-Courtyard 11:00 Parachute Game-3S 2:30 Popcorn Social-DR 2:30 Dominoes-2S 3:30 Pool/Billard-4N	9:30 Coffee Social-DR 11:00 Let's get Fit/Games-DR 2:30 Dominoes-2S 2:30 Horse Shoes-Courtyard 2:30 Bingo-DR 3:30 Popsicle Treats-Courtyard 3:30 Pool/Billard-4N