

Unique Rehab & Health Center - Activity Calendar



September 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
9:30 Coffee Social-DR 10:00 Movie Matinee-2S 11:00 Spiritual Fellowship-DR 2:30 Ice-Cream Social-DR/Courtyard 3:30 Pool/Billard-4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier-Visits 10:45 Range of Motion-3S 11:30 Big Ball Toss-4S 2:30 Name that Tune-2S 2:30 Ring Toss-Courtyard 2:30 Dominoes-2S 3:30 Popsicles-CY	9:30 Coffee Social-Man Cave 10:00 Movie Matinee-2S 11:00 Art Therapy(painting)-3S 11:00 Music & Sensory Stim-4S 2:30 Glamour Group-DR 2:30 Jeopardy-2S 2:30 Dominoes-2S 3:30 Pool/Billard-4N 3:30 Popsicles-CY	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier-Visits 11:00 Senior Fitness-1S 11:00 Basketball Times-3S 11:00 Senior Fitness-4S 2:30 Bingo-DR 2:30 Dominoes-2S 3:30 Popsicles-CY	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 11:00 Memory Magic-1S 11:00 Ring Toss-3S 11:30 Name Motown Song-4S 2:30 Arts&Crafts-DR 2:30 Dominoes-2S 3:30 Pool/Billard-4N 3:30 Popsicles-CY	9:30 Coffee Social-Man Cave 10:00 Movie Matinee-2S 10:00 Daily Courier-Visits 11:00 Bean Bag Toss-Courtyard 11:30 Women's Club-Courtyard 2:30 Funnel Cake Social-DR 2:30 Dominoes-2S 3:30 Pool/Billard-4N	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier-Visits 11:00 Table Games/Painting-DR 2:30 Bingo-DR 2:30 Dominoes-2S 3:30 Pool/Billard-4N 3:30 Popsicles-CY	
9:30 Coffee Social-DR 10:00 Movie Matinee-2S 11:00 Spiritual Fellowship-DR 2:30 Games-Courtyard 4:30 Commanders' vs Buccaneers Watch -DR 6:00 Spiritual Line- Dial 3195272802;Access # 519595	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier-Visits 10:45 Guess Who? -4S 10:45 Foot Bean Bag Toss-3S 2:30 Name that Tune-2S 2:30 Lucky Dip-1S-Courtyard 2:30 Dominoes-2S 3:30 Popsicles-CY	9:30 Coffee Social-Man Cave 10:00 Daily Courier-Visits 11:30 Resident Council Meeting/Food Committe-DR 2:00 Popcorn Giveaway-DR 2:30 Glamour Group/Nails-DR 2:30 Jeopardy-2S 3:30 Pool/Billard-4N	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier-Visits 10:30 Golden Corral-CI 11:00 Ring Toss-Courtyard 2:30 Bingo-DR 2:30 Dominoes-2S 3:30 Popsicles-CY	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 11:00 Hot Potato game-4S 11:00 Ring Toss-3S 2:30 Entertainment w/ singer Bill Crews-DR 3:30 Pool/Billard-4N 3:30 Popsicles-CY 6:30 Baby Boomers Club-DR	9:30 Coffee Social-Man Cave 10:00 Movie Matinee-2S 10:45 Golden Memories-3S 11:00 History/Pictures-4S 2:30 Build your own Sundae-DR/Units 2:30 Dominoes-2S 3:30 Pool/Billard-4N 3:30 Popsicles-CY	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:30 Musical Encounter Singing Visits-Units 11:00 Bean Bag Toss-Courtyard 2:30 Cookies & Juice Social-DR 3:30 Pool/Billard-4N 3:30 Popsicles-CY	
9:30 Coffee Social-DR 10:00 Movie Matinee-2S 11:00 Spiritual Fellowship-DR 1:30 Giants' vs Commanders Watch Party-DR 3:30 Pool/Billard-4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:30 Sensory Stimulation Sight Seeing Outing-CI 11:00 Resident Games-Courtyard 2:30 Name that Tune-2S 2:30 Bean Bag Toss-4S 3:30 Popsicles-CY	9:30 Coffee Social-Man Cave 10:00 Movie Matinee-2S 10:45 Remember when Trivia-3S 11:00 Current Events & Tell me about DC 2:30 Jeopardy-2S 2:30 Dominoes-2S 3:00 Cooking Club-DR 3:30 Pool/Billard-4N	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 11:00 Sensory Stimulation-3S 11:00 Morning Stretch & Music Appreciation-4S 11:00 Current Events-Courtyard 2:30 Bingo-DR 2:30 Dominoes-2S 3:30 Popsicles-CY	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier-Visits 10:30 Holy Redeemer (Catholic Mass)-DR 11:00 Ring Toss-3S 2:30 Movie Matinee w/Popcorn-DR 3:30 Popsicles-CY	9:30 Coffee Social-Man Cave 10:00 Movie Matinee-2S 10:00 Daily Courier-Visits 10:45 Golden Memories-3S 11:00 Men's Club-Courtyard 2:30 Resident Pizza Party-DR 2:30 Dominoes-2S 3:30 Pool/Billard-4N 3:30 Popsicles-CY	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 11:00 Jeopardy/Trivia-DR 2:30 Bingo-DR 2:30 Dominoes-2S 3:30 Pool/Billard-4N 3:30 Popsicles-CY	
9:30 Coffee Social-DR 10:00 Movie Matinee-2S 11:00 Spiritual Fellowship-DR 2:30 Ebenezer Church of God-DR 3:30 Pool/Billard-4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:45 Range of Motion-3S 11:30 Pokeno-DR 2:30 Name that Tune-2S 2:30 Simon Says-Courtyard 2:30 Dominoes-2S 3:30 Popsicles-CY	9:30 Coffee Social-Man Cave 10:00 Movie Matinee-2S 10:45 Reminiscing Pictures-3S 11:00 Deal or No Deal-Courtyard 2:30 Jeopardy-2S 2:30 Arts & Crafts w/Clay-DR 2:30 Dominoes-2S 3:30 Pool/Billard-4N 3:30 Popsicles-CY	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 D.C Board of Elections Visits/Voting-DR 11:00 Senior Fitness/Games-DR 11:30 Ring Toss/Music-4S 2:30 Bingo-DR 2:30 3S Birthday Celebration-3S	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:30 Outing to Foreman Mills-CI 11:00 Ring Toss-3S 2:30 Pokeno-DR 2:30 Dominoes-2S 3:30 Pool/Billard-4N 6:30 Baby Boomer's Club-DR	9:30 Coffee Social-Man Cave 10:00 Movie Matinee-2S 10:00 Daily Courier-Visits 11:00 Sittercise-3S/Games-3S 11:15 Balloon Volleyball-4S 2:30 Dominoes-2S 2:30 Happy Hour-DR 3:30 Pool/Billard-4N 3:30 Popsicles-CY	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:30 New Home Baptist Church-DR 2:30 Bingo-DR 3:30 Pool/Billard-4N 3:30 Popsicles-CY	
9:30 Coffee Social-DR 10:00 Movie Matinee-2S 11:00 Spiritual Fellowship-DR 3:30 Popsicles-CY 4:00 Commanders' vs Cardinals Watch Party-DR 6:00 Spiritual Line- Dial 3195272802;Access # 519595	9:30 Coffee Social-DR 10:00 Movie Matinee-2S 10:00 Daily Courier-Visits 10:45 Range of Motion-3S 11:00 Games-Courtyard 2:30 Name that Tune-2S 2:30 Dominoes-2S 2:30 Pokeno-DR 3:30 Popsicles-CY	<p>September 11 NATIONAL DAY OF REMEMBRANCE We will never forget</p>					Beautician/Barber Visits: Bi-weekly Ombudsman: Albert Reed (202)434-2190 Banking Hours:10a-12p Tues& Fri: Dining Rm First FL Non-Banking Hrs. Funds in Nurse Office Laundromat Hrs 7am-8pm