

Unique Rehab & Health Center - Activity Calendar



November 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Happy Thanksgiving!

NOVEMBER 28

Beautician/Barber Visits:
Bi-weekly
Ombudsman: Albert Reed
(202)434-2190
Banking Hours:10a-12p Tues&
Fri: Dining Rm First FL
Non-Banking Hrs. Funds in
Nurse Office
Laundromat Hrs 7am-8pm

9:30 Coffee Social-Man Cave
10:00 Daily Courier-Visits
11:30 Women's Club-2N
11:30 Basketball
Shot/Games-DR
2:30 Funnel Cake Social-DR
2:30 Dominoes-2S
3:30 Pool/Billard-4N
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
11:00 Table Games/Painting-DR
2:30 Dominoes-2S
2:30 Bingo-DR
3:30 Pool/Billard-4N
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
11:00 Spiritual Fellowship-DR
1:30 Commanders' vs Giants
Watch Party-DR
2:30 Dominoes-2S
3:30 Popsicles-CY
6:00 Spiritual Line- Dial
3195272802;Access #
519595

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
10:00 Daily Courier-Visits
10:45 Range of Motion-3S
11:30 Big Ball Toss-4S
2:30 Name that Tune-2S
2:30 Ring Toss-DR
2:30 Dominoes-2S
3:30 Popsicles-CY

9:30 Coffee Social-Man Cave
10:00 Daily Courier-Visits
11:00 Music & Sensory Stim-4S
11:00 Fall Leaf Garlands Art-3S
11:30 Spot the Difference-DR
2:30 Glamour Group-DR
2:30 Jeopardy-2S
2:30 Dominoes-2S
3:30 Pool/Billard-4N
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
10:00 Daily Courier-Visits
11:00 Basketball Times-3S
11:00 Senior Fitness-4S
11:30 Chair Yoga-DR
2:30 Dominoes-2S
2:30 Birthday Celebration w/DJ
Smooth-DR

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
11:00 Memory Magic-1S
11:00 Ring Toss-3S
11:30 Name Motown Song-4S
2:30 Sip & Paint-DR
2:30 Dominoes-2S
3:30 Pool/Billard-4N
3:30 Popsicles-CY
6:30 Baby Boomer's Club

9:30 Coffee Social-Man Cave
10:00 Movie Matinee-2S
10:00 Daily Courier-Visits
10:45 Golden Memories-3S
11:00 History/Pictures-4S
2:30 Build your own
Sundae-DR/Units
2:30 Dominoes-2S
3:30 Pool/Billard-4N
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:30 Musical Encounter
Singing Visits-Units
11:00 Bean Bag Toss-Courtyard
2:30 Dominoes-2S
2:30 Bingo-DR
3:30 Popsicles-CY

9:30 Coffee Social-DR
11:00 Spiritual Fellowship-DR
1:30 Commanders vs Steelers
Watch Party-DR
3:30 Pool/Billard-4N
3:30 Popsicles-CY
6:00 Spiritual Line- Dial
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9:30 Coffee Social-DR
10:00 Movie Matinee-2S
10:00 Daily Courier-Visits
10:45 Guess Who? -4S
10:45 Foot Bean Bag Toss-3S
11:00 Lucky Dip-DR
2:30 Dominoes-2S
2:30 Veteran's Day
Program-DR
3:30 Popsicles-CY

9:30 Coffee Social-Man Cave
10:00 Movie Matinee-2S
11:30 Resident Council
Meeting/Food
Committee-DR
2:30 Traveling Popcorn
Cart-DR/Units
2:30 Jeopardy-2S
3:30 Pool/Billard-4N
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
10:00 Daily Courier-Visits
11:00 Golden Corral-CI
2:30 Ring Toss-Courtyard
2:30 Dominoes-2S
2:45 Bingo w/Gonzaga H.S
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
11:00 Ring Toss-3S
11:15 Alphabet Soup-4S
11:30 Music Trivia-1S
2:30 Entertainment w/ singer
Bill Crews-DR
3:30 Popsicles-CY
8:00 Commanders' vs Eagles
Watch-DR

9:30 Coffee Social-Man Cave
10:00 Daily Courier-Visits
10:45 Golden Memories-3S
11:00 Sing-Along Classics-4S
2:30 Beer & Pretzel Social-DR
2:30 Dominoes-2S
3:30 Pool/Billard-4N
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
11:00 Jeopardy/Trivia-DR
2:30 Dominoes-2S
2:30 Bingo-DR
3:30 Pool/Billard-4N
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
11:00 Spiritual Fellowship-DR
2:30 Ice-Cream
Social-DR/Courtyard
3:30 Pool/Billard-4N
3:30 Popsicles-CY
6:00 Spiritual Line- Dial
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9:30 Coffee Social-DR
10:00 Movie Matinee-2S
10:00 Daily Courier-Visits
10:45 Range of Motion-3S
11:00 Resident Games-DR
2:30 Name that Tune-2S
2:30 Dominoes-2S
2:30 Bean Bag Toss-4S
3:30 Popsicles-CY
5:00 Blues Concert Outing-CI

9:30 Coffee Social-Man Cave
10:00 Daily Courier-Visits
10:45 Remember when Trivia-3S
11:30 Spot the Difference-DR
2:30 Jeopardy-2S
2:30 Dominoes-2S
3:00 Cooking Club-DR
3:30 Pool/Billard-4N
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
10:00 Daily Courier-Visits
11:00 Sensory Stimulation-3S
11:00 Morning Stretch & Music
Appreciation-4S
11:00 Current Events-DR
2:30 Dominoes-2S
2:45 Bingo w/Gonzaga H.S
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
10:30 Holy Redeemer (Catholic
Mass)-DR
10:45 3S Stimulation Outing-CI
2:30 Dominoes-2S
2:30 Movie Matinee
w/Popcorn-DR
3:30 Popsicles-CY
6:30 Baby Boomer's-DR

9:30 Coffee Social-Man Cave
10:00 Movie Matinee-2S
10:00 Daily Courier-Visits
11:00 Sittercise-3S/Games-3S
11:15 Balloon Volleyball-4S
11:30 Men's Club-DR
2:30 Dominoes-2S
2:30 Happy Hour-DR
3:30 Pool/Billard-4N
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
10:30 New Home Baptist
Church-DR
2:30 Dominoes-2S
2:30 Bingo-DR
3:30 Pool/Billard-4N
3:30 Popsicles-CY

9:30 Coffee Social-DR
11:00 Spiritual Fellowship-DR
2:30 Ebenezer Church of
God-DR
2:30 Dominoes-2S
3:30 Pool/Billard-4N
3:30 Popsicles-CY
6:00 Spiritual Line- Dial
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9:30 Coffee Social-DR
10:00 Movie Matinee-2S
10:00 Daily Courier-Visits
10:45 Range of Motion-3S
11:00 Chair Yoga-DR
11:30 Balloon Batting-4S
2:30 Name that Tune-2S
2:30 Pokeno-DR
2:30 Dominoes-2S
3:30 Popsicles-CY

9:30 Coffee Social-Man Cave
10:00 Movie Matinee-2S
10:45 Reminiscing Pictures-3S
11:30 Deal or No Deal-DR
2:30 Jeopardy-2S
2:30 Planting Workshop-DR
2:30 Dominoes-2S
2:30 Balloon Batting-4S
3:30 Pool/Billard-4N
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
10:30 Walmart Outing-CI
11:00 Did you know/Horse
Shoes-(3S)
2:30 3S Birthday
Celebration-3S
2:30 Dominoes-2S
2:45 Bingo w/Gonzaga H.S
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
11:00 Deal or No Deal-DR
11:00 Ring Toss-3S
12:00 Thanksgiving
Luncheon-Units
12:30 Bears vs Lions Football
Game-DR
2:30 Pokeno-DR
3:30 Popsicles-CY

9:30 Coffee Social-Man Cave
10:00 Daily Courier-Visits
11:00 Balloon Toss & Trivia-3S
11:30 Hot Topics-1S/DR
2:30 Dominoes-2S
2:30 Jammin w/DJ
TRRYDNT-DR
3:30 Pool/Billard-4N
3:30 Popsicles-CY

9:30 Coffee Social-DR
10:00 Movie Matinee-2S
10:30 Horseshoes/Games-DR
2:30 Dominoes-2S
2:30 Bingo-DR
3:30 Pool/Billard-4N
3:30 Popsicles-CY