

Unique Rehab & Health Center - Activity Calendar



December 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00 Coffee Social-DR 10:00 Movie Matinee -2S 11:00 Bean Bag Toss & Christmas Music-DR 11:00 Range of Motion-3S 11:30 Big Ball Toss-4S 2:30 Name that Tune-2S 2:30 Dominoes-2S 2:30 Sensory Stimulation-3S 3:30 Oldies/Goodies-2N	9:30 Coffee Social- Man Cave 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 10:30 Holiday Art-3S 11:00 Music Movement-4S 11:00 Motown Trivia & Music-4S 2:30 Glamour Group/Nails-DR 2:30 Jeopardy-2S 2:30 Dominoes-2S 2:30 Sensory Stimulation-3S 3:30 Pool/Billard -4N 3:30 Oldies/Goodies-2N	10:00 Coffee Social-DR 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Remember When -3S 11:00 Senior Fitness/Motown favorites-4S 11:00 Word Games-2S 11:00 Active Games-DR 2:30 Sensory Stimulation-3S 2:45 Bingo w/Gonzaga High School-DR 3:30 Oldies/Goodies-2N	10:00 Coffee Social-DR 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Memory Games-3S 11:30 Name Motown Song-4S 2:30 Sip & Paint-DR 2:30 Dominoes-2S 2:30 Dot Ball Toss-2S 2:30 Spades Multi-Games-DR 2:30 Sensory Stimulation-3S 3:30 Pool/Billard -4N	9:30 Coffee Social- Man Cave 10:00 Movie Matinee -2S 10:45 Fitness/Music Appreciation -3S 11:30 Basketball Shot/Games-DR 2:30 Motown Review & Happy Hour-DR 2:30 Dominoes-2S 2:30 Sensory Stimulation-3S 3:30 Pool/Billard -4N	10:00 Coffee Social-DR 11:00 Table Games/Ring Toss-DR 2:30 Dominoes-2S 2:30 Resident Bingo-DR 3:30 Pool/Billard -4N
10:00 Coffee Social-DR 11:00 Spiritual Fellowship-DR 1:30 Commanders' vs Vikings Football Party- DR 2:30 Dominoes-2S 3:30 Pool/Billard -4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	10:00 Coffee Social-DR 10:00 Movie Matinee -2S 10:45 Music/Exercise Movement- 4S 10:45 Foot Bean Bag Toss-3S 2:30 Name that Tune-2S 2:30 Dominoes-2S 2:30 Great Motown Hits Hour-DR 2:30 Sensory Stimulation-3S 2:30 Arts & Crafts-DR 3:30 Christmas Oldies/Goodies- 2N	9:30 Coffee Social- Man Cave 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Bowling-3S 11:30 Resident Council Meeting/ Food Committe -DR 2:30 Hot Popcorn-DR/Units 2:30 Jeopardy-2S 2:30 Dominoes-2S 2:30 Sensory Stimulation-3S 3:30 Pool/Billard -4N 3:30 Oldies/Goodies-2N	10:00 Coffee Social-DR 10:00 Daily Courier- 1:1 Visits 11:00 Music Movement-4S 11:00 Current Events/Games-2S 11:00 Christmas Caroling-3S 11:00 Active Games-DR 2:30 Bean Bag Points w/Music- 2S 2:30 Sensory Stimulation-3S 2:45 Bingo-DR 3:30 Oldies/Goodies-2N	10:00 Coffee Social-DR 10:00 Movie Matinee -2S 10:30 Golden Corral Outing- CI 11:00 Name that Motown Song-3S 11:15 Musical Movement/Sensory Stim-4S 2:30 Birthday Celebration w/ singer Bill Crews-DR 2:30 Dominoes-2S 6:30 Spades-DR	9:30 Coffee Social- Man Cave 10:00 Movie Matinee -2S 10:45 Holiday Art-3S 11:00 Current Events/Music Memory-2S 2:30 Build your own Sundae- DR/Units 2:30 Dominoes-2S 3:30 Pool/Billard -4N	10:00 Coffee Social-DR 10:30 Musical Encounter Singing Visits-Units 11:00 Bean Bag Toss/Games-DR 2:30 Dominoes-2S 2:30 Mt.Gilead Church-DR 3:30 Pool/Billard -4N
10:00 Coffee Social-DR 11:00 Spiritual Fellowship-DR 1:30 Giants' vs Commanders Football Party- DR 2:30 Dominoes-2S 3:30 Pool/Billard -4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	10:00 Coffee Social-DR 10:00 Movie Matinee -2S 11:00 Games & Music Appreciation-DR 11:00 Balloon Noodle-3S 2:30 Name that Tune-2S 2:30 Dominoes-2S 2:30 Star is Born-DR 2:30 Sensory Stimulation-3S 3:30 Oldies/Goodies-2N 5:00 Blues Concert Outing at Westminster Church- CI	9:30 Coffee Social- Man Cave 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 10:45 Remember Motown Hits -3S 11:00 Music Movement-4S 11:00 Balloon Volleyball-3S 2:30 Jeopardy-2S 2:30 Dominoes-2S 2:30 Christmas Arts& Crafts-DR 2:30 Sensory Stimulation-3S 3:30 Pool/Billard -4N 3:30 Oldies/Goodies-2N	10:00 Coffee Social-DR 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:30 National Manufactures Association Christmas Caroling-DR 2:30 Dominoes-2S 2:30 Sensory Stimulation-3S 2:45 Bingo-DR 3:30 Oldies/Goodies-2N	10:00 Coffee Social-DR 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 10:00 Foreman Mill Outing-CI 10:30 Holy Reemer Catholic Mass -DR 2:30 Dominoes-2S 2:30 Casino Party/Spades-DR 2:30 Sensory Stimulation-3S 3:30 Pool/Billard -4N	9:30 Coffee Social- Man Cave 10:00 Movie Matinee -2S 10:45 Golden Memories-3S 11:00 Sing-Along Classics-4S 2:30 Dominoes-2S 2:30 Sensory Stimulation-3S 2:30 Resident Christmas Party- DR 3:30 Pool/Billard -4N	10:00 Coffee Social-DR 11:00 Bingo-DR 2:30 Dominoes-2S 2:30 Sonlight Rainbow Productions Christmas Play-DR 3:30 Pool/Billard -4N
10:00 Coffee Social-DR 11:00 Spiritual Fellowship-DR 2:30 Dominoes-2S 2:30 Pokeno-DR 3:30 Pool/Billard -4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	10:00 Coffee Social-DR 10:00 Movie Matinee -2S 11:00 Trivia Challenge/Horseshoes-DR 11:00 Range of Motion-3S 2:30 Name that Tune-2S 2:30 Finish the Lyric-DR 2:30 Dominoes-2S 2:30 Sensory Stimulation-3S 3:30 Oldies/Goodies-2N	9:30 Coffee Social- Man Cave 10:00 Movie Matinee -2S 10:45 Reminiscing Pictures-3S 2:00 Christmas Decorating Contest-Units 2:30 Jeopardy-2S 2:30 Fitness & oldies/Tactile Stim-4S 2:30 Sensory Stimulation-3S 3:30 Oldies/Goodies-2N 5:00 Watkins Park Festival of Lights Outing-CI	10:00 Coffee Social-DR 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Did you know/Horse Shoes- (3S) 2:30 Dominoes-2S 2:30 3South Birthday Celebration-3S 3:30 Oldies/Goodies-2N	10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 10:00 Christmas Gifts distributed on the units with Mt.Airy Church-Units 12:00 Christmas Luncheon-DR 1:00 Commanders' vs Dallas Cowboys-Units 2:30 Dominoes-2S 2:30 Christmas Bingo-DR	9:30 Coffee Social- Man Cave 10:00 Movie Matinee -2S 11:00 Sittercise-Games-3S 11:00 Games & Music Appreciation-DR 11:00 Active Games-2S 11:30 Let's Fold-3S 2:30 Dominoes-2S 2:30 Pizza Party & Beer-DR 2:30 Sensory Stimulation-3S 3:30 Pool/Billard -4N	10:00 Coffee Social-DR 10:30 New Home Baptist Church-DR 11:00 Current Events/Games-DR 2:30 Dominoes-2S 2:30 Resident Bingo-DR 3:30 Pool/Billard -4N
10:00 Coffee Social-DR 11:00 Spiritual Fellowship-DR 2:30 Ebenezer Church of God- DR 2:30 Dominoes-2S 3:30 Pool/Billard -4N 6:00 Spiritual Line- Dial 3195272802;Access # 519595	10:00 Coffee Social-DR 10:00 Movie Matinee -2S 11:00 Trivia/Games/Music-DR 2:30 Name that Tune-2S 2:30 Dominoes-2S 2:30 Deal or No Deal-DR 2:30 Sensory Stimulation-3S 3:30 Oldies/Goodies-2N	9:30 Coffee Social- Man Cave 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Bean Bag Toss-DR 11:00 Remember When? -3S 2:30 Jeopardy-2S 2:30 Dominoes-2S 2:30 Sensory Stimulation-3S 3:30 Pool/Billard -4N 3:30 Oldies/Goodies-2N	10:00 Coffee Social-DR 10:00 Movie Matinee -2S 10:00 Daily Courier- 1:1 Visits 11:00 Basketball Games/Music- DR 11:00 Sensory Stimulation/Games-3S 11:00 Range of Motion/Games-2S 2:30 Dominoes-2S 2:30 New Year's Eve Party-DR	 Merry Christmas DECEMBER 25		Beautician/Barber Visits: Bi-weekly Ombudsman: Albert Reed (202)434-2190 Banking Hrs: 10a-12p Tues & Fri: Dining Rm First FL Non-Banking hrs Funds in Nurse Office Laundromat hrs 7a-8p